

## CLAIMS

1. A formulation comprising herbal active ingredients, wherein the herbal active ingredients comprise

(a) tinctures and/or homeopathic preparations of 8 or all of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*;

(b) tincture and/or homeopathic preparation of *Bryonia Alba* and the tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, and *Ruta Graveolens*; or

(c) tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*, with the proviso that the formulation of (c) does not contain tincture(s) and/or homeopathic preparation(s) of *Echinacea Augustifolia* and *Symphytum Officinale*.

2. The formulation of claim 1, the herbal active ingredients comprising tinctures and/or homeopathic preparations of 8 or all of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*.

3. The formulation of claim 2, the herbal active ingredients comprising tinctures and/or homeopathic preparations of 8 or all of *Bellis Perennis* at a potency ranging from tincture – 400

X, *Calendula Officinalis* at a potency ranging from tincture – 400 X, *Hamamelis Virginiana* at a potency ranging from tincture – 400 X, *Arnica Montana* at a potency ranging from tincture – 400 X, *Hypericum Perforatum* at a potency ranging from tincture – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from tincture – 400 X, *Bryonia Alba* at a potency ranging from tincture – 400 X and *Ruta Graveolens* at a potency ranging from tincture – 400 X.

4. The formulation of claim 2, the herbal active ingredients comprising tinctures and/or homeopathic preparations of 8 or all of *Bellis Perennis* at a potency ranging from 1 X – 400 X, *Calendula Officinalis* at a potency ranging from 1 X – 400 X, *Hamamelis Virginiana* at a potency ranging from 1 X – 400 X, *Arnica Montana* at a potency ranging from 3 X – 400 X, *Hypericum Perforatum* at a potency ranging from 3 X – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from 1 X – 400 X, *Bryonia Alba* at a potency ranging from 3 X – 400 X and *Ruta Graveolens* at a potency ranging from 3 X – 400 X.

5. The formulation of claim 2, the herbal active ingredients comprising tinctures and/or homeopathic preparations of 8 or all of *Bellis Perennis* at a potency of 1 X, *Calendula Officinalis* at a potency of 1 X, *Hamamelis Virginiana* at a potency of 2 X, *Arnica Montana* at potencies of 3 X and 6 X, *Hypericum Perforatum* at a potency of 2 X, *Aconitum Napellus* at a potency of 3 X, *Ledum Palustre* at a potency of 3 X, *Bryonia Alba* at potencies of 6 X and 12 X and *Ruta Graveolens* at a potency of 3 X.

6. The formulation of claim 1, the herbal active ingredients comprising tinctures and/or homeopathic preparations of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*.

7. The formulation of claim 6, the herbal active ingredients comprising tinctures and/or homeopathic preparations of *Bellis Perennis* at a potency ranging from tincture – 400 X, *Calendula Officinalis* at a potency ranging from tincture – 400 X, *Hamamelis Virginiana* at a potency ranging from tincture – 400 X, *Arnica Montana* at a potency ranging from tincture – 400 X, *Hypericum Perforatum* at a potency ranging from tincture – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from tincture – 400 X, *Bryonia Alba* at a potency ranging from tincture – 400 X and *Ruta Graveolens* at a potency ranging from tincture – 400 X.

8. The formulation of claim 6, the herbal active ingredients comprising tinctures and/or homeopathic preparations of *Bellis Perennis* at a potency ranging from 1 X – 400 X, *Calendula Officinalis* at a potency ranging from 1 X – 400 X, *Hamamelis Virginiana* at a potency ranging from 1 X – 400 X, *Arnica Montana* at a potency ranging from 3 X – 400 X, *Hypericum Perforatum* at a potency ranging from 3 X – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from 1 X – 400 X, *Bryonia Alba* at a potency ranging from 3 X – 400 X and *Ruta Graveolens* at a potency ranging from 3 X – 400 X.

9. The formulation of claim 6, the herbal active ingredients comprising tinctures and/or

homeopathic preparations of *Bellis Perennis* at a potency of 1 X, *Calendula Officinalis* at a potency of 1 X, *Hamamelis Virginiana* at a potency of 2 X, *Arnica Montana* at potencies of 3 X and 6 X, *Hypericum Perforatum* at a potency of 2 X, *Aconitum Napellus* at a potency of 3 X, *Ledum Palustre* at a potency of 3 X, *Bryonia Alba* at potencies of 6 X and 12 X and *Ruta Graveolens* at a potency of 3 X.

10. The formulation of claim 1, the herbal active ingredients comprising tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*, with the proviso that the formulation does not contain tincture(s) and/or homeopathic preparation(s) of *Echinacea Augustifolia* and *Symphytum Officinale*.

11. The formulation of claim 10, the herbal active ingredients comprising tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis* at a potency ranging from tincture – 400 X, *Calendula Officinalis* at a potency ranging from tincture – 400 X, *Hamamelis Virginiana* at a potency ranging from tincture – 400 X, *Arnica Montana* at a potency ranging from tincture – 400 X, *Hypericum Perforatum* at a potency ranging from tincture – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from tincture – 400 X, *Bryonia Alba* at a potency ranging from tincture – 400 X and *Ruta Graveolens* at a potency ranging from tincture – 400 X.

12. The formulation of claim 1, the herbal active ingredients comprising the tincture and/or

homeopathic preparation of *Bryonia Alba* and the tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, and *Ruta Graveolens*.

13. The formulation of claim 12, the herbal active ingredients comprising the tincture and/or homeopathic preparation of *Bryonia Alba* at a potency ranging from tincture – 400 X and the tinctures and/or homeopathic preparations of at least 5, 6 or 7 of *Bellis Perennis* at a potency ranging from tincture – 400 X, *Calendula Officinalis* at a potency ranging from tincture – 400 X, *Hamamelis Virginiana* at a potency ranging from tincture – 400 X, *Arnica Montana* at a potency ranging from tincture – 400 X, *Hypericum Perforatum* at a potency ranging from tincture – 400 X, *Aconitum Napellus* at a potency ranging from 3 X – 400 X, *Ledum Palustre* at a potency ranging from tincture – 400 X, and *Ruta Graveolens* at a potency ranging from tincture – 400 X.

14. The formulation of claim 1, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

15. The formulation of claim 2, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

16. The formulation of claim 3, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

17. The formulation of claim 6, further comprising a gel base comprising water, glycerine, a

polyacrylic acid resin thickener, triethanolamine and methylparaben.

18. The formulation of claim 9, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

19. The formulation of claim 10, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

20. The formulation of claim 12, further comprising a gel base comprising water, glycerine, a polyacrylic acid resin thickener, triethanolamine and methylparaben.

21. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 1 to the subject.

22. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 2 to the subject.

23. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 6 to the subject.

24. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 10 to the subject.

25. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 12 to the subject.
26. A method of treating pain in a subject, comprising administering a pain treating effective amount of the formulation of claim 14 to the subject.
27. The method of claim 21, wherein the formulation is administered topically to the subject.
28. The method of claim 27, wherein the application of the formulation results in pain relief within approximately 30 seconds to 2 1/2 minutes.
29. The method of claim 27, wherein the administration of the formulation results in pain relief lasting on an average of about 8 hours.
30. The method of claim 27, wherein the administration of the formulation results in pain relief lasting for at least about 3 months.
31. The method of claim 30, wherein permanent pain relief is achieved.
32. The method of claim 21, wherein the pain is associated with Lyme disease, neuritis from radiation burn, intercostal neuritis, facial neuralgia, fibromyalgia, vagal nerve irritation, migraine headaches, a degenerative joint disease, muscle sprain, muscle strain, tendonitis, blisters,

menstrual cramps or stomach flu, the administration of the formulation obtaining pain relief.

33. The method of claim 27, the subject having insomnia caused by the pain, wherein the administration of the formulation achieves pain relief and the associated insomnia.

34. A method of treating pain in a subject in need of the treatment, comprising administering a pain treating effective amount of the formulation of claim 1 to the subject.

35. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 1 to the subject.

36. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 2 to the subject.

37. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 6 to the subject.

38. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 10 to the subject.

39. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 12 to the subject.



40. A method of treating inflammation in a subject, comprising administering an anti-inflammatory amount of the formulation of claim 14 to the subject.
41. The method of claim 35, wherein the formulation is administered topically to the subject.
42. The method of claim 41, wherein the administration of the formulation achieves an anti-inflammatory effect in about 30 seconds to about 30 minutes.
43. The method of claim 35, wherein the inflammation associated with an insect bite, degenerative joint disease, swollen knee, sprains, joint stiffness, Lyme disease, blisters, tendonitis, or neuritis from radiation burn, the administration of the formulation obtaining relief from the inflammation.
44. A method of treating inflammation in a subject in need of the treatment, comprising administering an anti-inflammatory amount of the formulation of claim 1 to the subject.
45. The method of claim 21, wherein the formulation is administered repetitively for about 6 months to about a year with no side effects.
46. The method of claim 21, wherein the administered is repeated at least once with no refractory period in the analgesic effect upon repeated administrations.

47. The method of claim 35, wherein the formulation is administered repetitively for about 6 months to about a year with no side effects.

48. The method of claim 35, wherein the administration is repeated at least once with no refractory period in the anti-inflammatory effect upon repeated administrations.

49. The method of claim 33, wherein the formulation does not have a strong odor or disturbing, burning, cooling or stinging sensation and does not contribute to or cause insomnia because of a disturbing or aggravating sensation.